

Competitive Team Challenge

(20 – 40 delegates - example only)

The group would be split into 4 teams. They would compete in these teams for the whole day for an inter-team competition. Periodically there are breaks which give the participants the chance to discuss ways to improve performance, have a drink and socialise.

At the end of the day there would be a light hearted presentation where prizes would be awarded to outstanding individuals and to the winning teams.

08.45	Arrival & Refreshments	
09.00	Group A Stretcher Carry	Group B Rail Tracks
09.45	Group A Rail Tracks	Group B Stretcher Carry
10.30	Activity Debrief & Refreshments	
10.45	Group 1 Tyrolean Traverse	Group 2 Stepping Stones
11.30	Group 1 Stepping Stones	Group 2 Tyrolean Traverse
12.15	Activity Debrief & Lunch	
13.15	Full Group Rollerball	
14.45	Activity Debrief and Refreshments	
15.00	Full Group Raft Racing	
16.30	Activity Debrief	
16.45	Close	